

Educate. Collaborate. Elevate



2017 YEAR IN REVIEW



"IT JUST FEELS
GOOD TO HELP
ANOTHER
HUMAN...call it the
GIFT OF GIVING. IT GETS YOU
OUT OF YOUR HEAD AND
FOCUSED ON SOMEONE
ELSE'S SITUATION."

Brian Duffy, LMHC Addiction Professional, Winter 2017 The Institute for the Advancement of Behavioral Healthcare is about helping people achieve recovery. As the leading education resource for addiction and mental healthcare providers and their allied stakeholders, the Institute has become a catalyst for uniting communities around solving their most pressing public health challenges. Its impact is most accurately measured not in the volume of material it generates, but in its commitment to being part of solutions that make communities stronger.



Attendees at the 2017 National Rx Drug Abuse & Heroin Summit addressed ways to address the stigma surrounding substance use and its impact on accessing treatment. Photo: Pete Winkel GPA

Cover photos, L to R: Chris Williams Zoeica Images; Chris Williams Zoeica Images; Operation UNITE



The Institute's more than 80 live and virtual conferences and events, magazines, e-newsletters and other media offer helping professionals a one-stop clearinghouse for the key clinical and business information that improves patients' and families' lives.

A wide range of Institute events offer multiple formats to keep clinical and management professionals current on treatment and business trends. These events also give professionals an important opportunity to exchange information with colleagues and discover new products to improve care. Prominent events include the collaborative National Rx Drug Abuse & Heroin Summit, the treatment-focused National Conference on Addiction Disorders and the cutting-edge regional and national Summits for Clinical Excellence.



The Institute supports Camp UNITE, where kids can be kids and learn about the values of a drug-free life. Photo: Operation UNITE



The National Conference on Addiction Disorders brought together stakeholders from multiple disciplines to discuss care strategies in August in Baltimore. Photo: Chris Williams Zoeica Images

The Institute's flagship publications offer unparalleled analysis and commentary on the clinical and management trends shaping a fast-changing behavioral health field. Addiction Professional is the field's trusted guide to what's working in addiction treatment services. Behavioral Healthcare Executive offers expert insight on technological, managerial and regulatory developments in a comprehensive, unbiased format that cannot be found elsewhere in the field.

Yet the Institute's reach transcends its roster of services. Our experienced team of professionals has a passion for promoting what's working in improving the lives of traditionally marginalized individuals with addiction and mental health disorders. We know that no community can be healthy without strongly supported behavioral healthcare. Therefore, the Institute stands committed to being a guiding, trusted presence for communities' front-line helpers.



"HOW BADLY DO YOU WANT TO FIX THIS PROBLEM? YOU HAVE TO HAVE A BOLDNESS AND A CONVICTION THE LIKES OF WHICH YOU HAVE NEVER HAD BEFORE."

Kentucky Gov. Matt Bevin National Rx Drug Abuse & Heroin Summit

In 2017, the Institute had an unprecedented and wideranging impact on addiction and mental healthcare professionals and the patients and families they serve. Its largest area of emphasis helped the field identify meaningful, implementable solutions to problems arising from the nation's staggering opioid epidemic.

The Institute's education and outreach:

- Helped treatment professionals incorporate research-based interventions into their practices.
- Equipped local leaders to mobilize communities to curb the epidemic.
- Reminded stakeholders never to leave behind the most vulnerable group affected by the crisis: our nation's youth.

Institute events and media engaged more than 200,000 professionals on the front lines of combating the most pressing behavioral health problems affecting families' and communities' well-being. More than 7,000 individuals in 2017 attended Institute in-person events in 26 cities in 21 states. They heard from top clinical and research experts, leaders in behavioral healthcare administration, and elected and appointed officials who shape local, state and national policy, including seven current or former members of Congress.

Highlights of the Institute's 2017 events included:

- The National Rx Drug Abuse & Heroin Summit in April in Atlanta, where attendees learned that when organizations ranging from community coalitions to major health insurers join forces, excessive opioid prescribing can be reduced and lives can be saved.
- Summits for Clinical Excellence in Pittsburgh and the Boston area on the opioid crisis, where professionals received guidance for integrating medication treatment into traditional substance use services and witnessed law enforcement's transformation toward a more compassionate approach to the drug war.
- The National Conference on Addiction Disorders in August in Baltimore, where a diverse curriculum offered tools for maximizing family involvement in recovery, called for better policing of questionable ethical conduct in the behavioral health field, and made the case for new funding for prevention, opioid overdose rescue and treatment.



Attendees of Institute events in 2017 heard from these and other prominent presenters:

- U.S. Rep. Harold "Hal" Rogers, co-chair of the Congressional Caucus on Prescription Drug Abuse, reminding Rx Summit attendees of their pivotal role in elevating attention to the opioid epidemic.
- Former U.S. House Speaker Newt Gingrich and former U.S. Rep. Patrick Kennedy, on opposite ends of the political spectrum but united in promoting addiction science to solve the opioid crisis.
- Kentucky Gov. Matt Bevin, sounding a call for national physician training on opioids and the dangers of addiction.
- Former U.S. Surgeon General Vivek Murthy, highlighting the importance of the federal government's affirmation of addiction as a public health priority.
- Former Health and Human Services Secretary Tom Price, previewing the Trump administration's declaration of a national health emergency around opioids.
- Famed neuropsychiatrist Judith Landau, MD, who said families must drive successful healing from addictions.
- California Consortium of Addiction Programs and Professionals CEO Pete Nielsen, urging operators of sober homes to work with local communities to be better neighbors.
- Baltimore health commissioner Leana Wen, MD, who said only a commitment of financial resources can save urban communities ravaged by opioid misuse.
- Massachusetts Sen. Ed Markey and Georgia Rep. Earl "Buddy" Carter, calling for increased federal funding but also an emphasis on supporting programs with a demonstrated track record.



The Institute also remains focused on making local communities better equipped to address behavioral health and related challenges. Its ongoing support of **Operation UNITE** (Unlawful Narcotics Investigations, Treatment and Education) strengthens the Kentucky organization's mission to rid communities of illegal drug use through education, enforcement, treatment facilitation and family support.

In July, 225 young people were supported by the Institute and grants to attend Camp UNITE, where youths developed skills for leadership, teamwork and problemsolving in an environment emphasizing service and fun. The Institute considers it essential to build the young generation's resilience to challenges, assuring youths that they can turn to a caring community in times of need.

As it will take a long time for the nation to emerge from a drug crisis of historic proportions, the Institute will maintain its emphasis on educating the field on the many ways, large and small, that stakeholders can play their part in healing communities.



Chris Williams Zoeica Images



"A GREAT QUOTE FROM PERICLES:
"WHAT YOU LEAVE
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Brian Duffy, LMHC Addiction Professional, Winter 2017

Nonprofit behavioral healthcare organizations make lives better every day, but often toil under challenging circumstances in an environment of limited resources. In the most personally meaningful role of the Institute, the IABHC Fund supports activities that facilitate the high-quality, compassionate care we want to see across the country, including in the communities where we live and work.

The Fund reviews proposals on an ongoing basis and seeks to respond to current and emerging behavioral health needs, with a special emphasis on projects that improve the lives of children affected by mental illness and/or substance use.

The Fund has awarded nearly a quarter of a million dollars in micro-grants since its inception in 2017. Grant recipients last year included:

- Allegheny Health Network/Highmark,
 Pittsburgh, an integrated delivery system preserving affordable service and consumer choice.
- Arizona's Children Association, a continuum of services designed to ensure that all children are raised in safe, loving homes.
- Richard J. Caron Foundation, Wernersville,
 Pa., supporting a nationally prominent provider
 of personalized behavioral health solutions
 combining traditional and cutting-edge
 treatment.
- Center for Open Recovery, San Francisco, an organization empowering people to step out of the shadows of shame and be open about their recovery.
- Centerstone of Illinois, providing outpatient treatment that includes medication therapy to boost early recovery from opioid addiction.
- Community Re-Entry Place, Inside/Out, Aurora, Colo., providing transitional housing for homeless individuals returning to society from incarceration.
- Coplin Health Systems, Elizabeth, W.Va., offering primary and preventive care to individuals and families regardless of ability to pay.



- Hope House, Inc., Augusta, Ga., a sober living community giving women and their families a path to a healthier life.
- International Association of Chiefs of Police, Alexandria, Va., advancing the law enforcement profession as it takes a more care-driven approach to combating the spread of drugs.
- Jewish Family & Children's Services, Princeton, N.J., an organization combining clinical skill and compassion to empower individuals and families to take care of themselves and others.
- La Frontera Center, Tucson, Ariz., a provider of residential and outpatient treatment emphasizing innovative solutions to complex problems.
- Operation UNITE, London, Ky., a collaborative model striving to prevent abuse of drugs and facilitate recovery.
- Pacific Clinics, Arcadia, Calif., delivering culturally relevant services in 15 languages to publicly insured families in Southern California.
- PATH, Naperville, Ill., committed to assisting homeless individuals with serious mental illness.
- Quest Counseling and Consulting, Reno, Nev., a home-like transitional living community that helps young men achieve change.
- Ruth Ellis Center, Highland Park, Mich., which has created a safe space for vulnerable LGBT youth in a medically underserved community.
- Steered Straight, Vineland, N.J., a group of exoffenders dedicated to helping youths overcome obstacles and achieve greatness.
- 10,000 Beds, Salt Lake City, Utah, offering treatment scholarships for individuals who lack financial resources but otherwise have limitless futures.
- Way Back Inn, Maywood, Ill., offering a path to stable sobriety for individuals affected by substance dependence and problem gambling.

Professionals and their programs often operate in relative obscurity even in their own communities. As part of their mission to highlight what's working in addiction and mental health services, the editors of *Addiction Professional* and *Behavioral Healthcare Executive* each year honor individuals and organizations that are making a difference at the community level.

Addiction Professional's Outstanding Clinical Care

Awards go to programs that elevate the field's approach to serving special populations. The 2017 award recipients are:

- Central Kansas Foundation, which designed a smartphone app offering rural-dwelling patients in early recovery immediate access to peers and therapists.
- Integrity House, Newark, N.J., for an adolescent treatment program emphasizing client strengths and promoting family reunification and educational advancement.
- Stanley Street Treatment and Resources, Fall River, Mass., which expanded its open-access model of care in response to soaring demand for services from the opioid epidemic.

Behavioral Healthcare Executive's Champions Awards honor leaders whose efforts influence positive change and assist individuals on the path to recovery. The 2017 honorees are:

- Brent Clements, CEO of Addiction Campuses, a fastgrowing provider that seeks to build lasting life skills in its patient population.
- Patti Greenough, CEO of EPIC Behavioral Healthcare, guiding her organization with a dynamic strategic plan that is steeped in data.
- David Guth, CEO of Centerstone, showing how growth and affiliation in an organization can improve patients' lives.
- Keith Hochadel, CEO of CommQuest Services, spearheading same-day access to recovery services across a broad geographic area.



LETTER FROM THE EDITOR

Behavioral Healthcare Executive serves C-suite



you, you've noticed that our publication brand name has changed to Behavioued Handhore Executive and has related with an updated look and a new logo. The more further integrates our news, features and trand analysis articles within the larger limitation for the Advancement of Behavioud Henkhare and undersoon our long-studies of focus to sever the C-uniter owners and operators of behaviour health organizations. As opport and more foot-poil tenders, you can look to BHE for new ideas and practical dips you can apply in your bigpoisuse strategy every day.

For example, one ongoing issue that we frequently examine is the challenge of driving ethic standards in business operations. So many of you are furrareal by incidents of lifegal paries brokering, lab-testing kickbacks and black-hat marketing that have direct effects on your bo tom line. While no one has the perfect answer for how to solve the problem, as thought leader we must advance the discussion and imprise a genter call to oction.

ETHICS SUBVEY PROVIDES INSIGH

You'll appreciate the discussion presented in our BHE Ethics Survey report in this issue. Here, we sought to quantify the awareness of unethical activities, reasoning that the data might provide a date as to now despread the activities are automotived. As turns our, 11% of your say you are aware of patient bedsering happening in your local area in the past year, and 15.4% say you are aware of treatment centers overstanding insurance coverage in order to gain patient administrant. In truth, such scheming is probably more prevalent than that, according to the

As far as solutions, nearly 55% of you responding to the BHE Ethics curvey believe it's the job of associations to enforce chical standards in the industry, while only 5.1% say more grown ment regulations are the solution. Clearly the bottom line here is that the industry must step up and police itself in a more nunneed way, rather than waiting for outside forces, such as law enforcement and the civil courts to meet out the answers in the form of attracts or illustrious.

While the survey report is by no means a full examination of the ethics issues that face bevioral health, we hope it sparks some honest dialogue and encourages professionals to push back against bad business practices more often. At the very least, treatment center leaders like you can renew your efforts to create



WINTER 2017 BEHAVIORAL HEALTHCARE EXECUTIVE



<45 MRRIES



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LETTER FROM THE EDITOR

Words can hurt the cause



a sension was caught in two regions to me in exposure in currandule red pencil and ashere of paper with spaces a barge could narigate were the finit tools of my trade). I have never doubted the power of words. The language was use an choicar, rene dreast. Too often in the substance use field, though, woods inflict change. Our cover more properties the language of the substance use transment field and how commonly used terms can perpetuate signate and discrimination, In using a January memoratum unging executive branch departments to consider revising the language commonly used in their communications, former national drug pelled whereas.

I interviewed the Massachusters resident and Boson sport function for this article in February, on what for kins were a exploric monning after New England Partiest quarterback. Ton Brady consented his gridition legacy, it might surprise some that a national date gridery leader who part human face on recovery and had a major hand in the genotic puspors for tenuments nece changing the lexicons as its legacy into the Brotesticial says a look round the field collegates in mental health detaily illustrates how climinating popurative language can play a direct role in securing a community's place as that their.

If you're not user if wouth early manner, consider this When was the last time your greater prescribence booked up once terms and sold you. "Two Whoo who can shoulk all?" As much as work matter, images also make a difference. Teament and mercory advocars, however, and the contract of the contract time and time and

there are probably numerous reasons why no one soon will be launching a move to remander
National Institute on Drug Afous (NIDA), or many other agencies. NIDA's
budget arguably carries considerably more importance than its title right

about note.

Words such a "asylum" didn't just magically disappear overnight
on the mental health service side. It is an evolutionary process. But as
out cover story suggests, service providers are engaged in an important
analysis of how the language they use affects patients, families and those
we callist to protect their welfare.



PRING 2017 ADDICTION PROFESSIONAL



"WITH PRACTICAL TIPS, TREND ANALYSIS, AND THOUGHT LEADERSHIP, OUR

CONTENT HELPS TO FRAME THE INDUSTRY'S KEY ISSUES AND IDENTIFY SOLUTIONS."

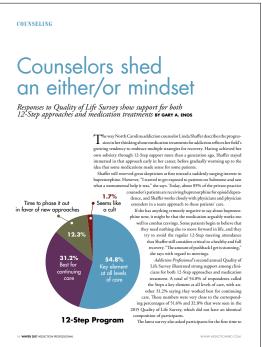
Julie Miller Editor-in-Chief, *Addiction Professional* and *Behavioral Healthcare Executive*

The Institute's two leading publication brands received three prestigious awards for excellence in journalism in 2017:

- Editor-in-Chief Julie Miller received the Michael
 Q. Ford Journalism Award from the National
 Association of Addiction Treatment Providers,
 recognizing print and electronic content that has
 promoted the value of addiction treatment.
- Behavioral Healthcare Executive received a Silver Award for Best Editorial from the American Society of Business Publication Editors (ASBPE), for commentaries addressing gender gaps in pay and the need to professionalize behavioral health facility operations.
- Addiction Professional received a Silver Award for Best Original Research from the American Society of Healthcare Publication Editors (ASHPE), for its Quality of Life Survey examining the everyday work challenges of clinical addiction professionals.









Newsmakers at Institute events also receive ongoing recognition in local and national media coverage. Reports from the 2017 National Rx Drug Abuse & Heroin Summit in Atlanta included:

- A Lexington Herald-Leader article covering the National Institutes of Health director's update on the search for non-addictive drugs to treat pain.
- CNN's coverage of HHS Secretary Tom Price's perspective on the opioid crisis and the future of the Affordable Care Act.
- MassLive's report on growing support for legislation to stem the flow of deadly fentanyl from overseas, described by Massachusetts Sen. Ed Markey.
- WKYT-TV (Lexington, Ky.) coverage of Kentucky leaders' strategies to reduce the number of babies suffering the effects of prenatal opioid exposure.
- An Atlanta Journal-Constitution report on a post-summit gathering of marijuana legalization opponents, as Atlanta leaders considered changes in marijuana enforcement.



"THIS WILL BE BIG IN THE NEXT FIVE TO 10 YEARS IF WE DON'T LOOK AT IT NOW. ... I DON'T THINK STIMULANTS HAVE BEEN A

Stephanie Nichols, PharmD Addiction Professional, Fall 2017

FOCUS HERE AT ALL."

The opioid epidemic continues to devastate communities, straining resources for treatment and occupying the attention of law enforcement, policymakers and health professionals. While the Institute's content continues to guide providers through this deadly crisis, we also aim to help prepare communities for the next challenges they will face in a dynamic environment.



Chris Williams Zoeica Images



Chris Williams Zoeica Images

A growing body of data from regions of the country, as well as words of warning from experts, point toward a brewing crisis of prescription and recreational stimulant use that could prove especially problematic for treatment professionals. The Institute launched a number of efforts on the subject of stimulants in 2017, and we are redoubling our commitment in 2018.

Addiction Professional's Fall 2017 issue cover story, "Stimulants: The Next Drug Crisis Looms," details how a stimulant crisis could place a unique strain on communities, given the lack of treatment options specifically designed for cocaine, methamphetamine and prescription stimulant addiction. The Institute also has launched a bimonthly e-newsletter that reports on timely trends in stimulant use, including the growing prevalence of stimulants and opioids used together.

Our attention to the stimulant problem in 2018 will culminate with the Institute's inaugural **National Cocaine, Meth & Stimulant Summit**, Nov. 12-14 in Fort Lauderdale, Fla. The event's curriculum and diverse audience will reflect the kind of response that will be needed to generate effective solutions in communities: a partnership among law enforcement officers; clinicians in private and institutional practice; and leaders in research, prevention and public health.

The Institute is committed to bringing leaders together to form partnerships and brainstorm innovative approaches for the challenges of today and tomorrow. Other important events in 2018 include:

- The National Rx Drug Abuse & Heroin Summit,
 April 2-5, Atlanta, GA
- The Treatment Center Executive & Marketing Retreat, April 30-May 2, Hilton Head, S.C.
- The National Conference on Addiction
 Disorders, Aug. 19-22, Disneyland, Calif.
- The Treatment Center Investment & Valuation Retreat, Dec. 10-12, Scottsdale, Ariz.

Cutting-edge topics for our regional and national Summits for Clinical Excellence include:

- The Opioid Crisis: The Clinician's Role and Treatment Practices, Feb. 14-16, Phoenix
- East Meets West: Multiple Perspectives on Trauma and Addictions, March 1-2, Orange County, Calif.
- The Opioid Crisis: Strategies for Treatment and Recovery, March 7-8, Chicago
- The National Conference on Trauma, Addictions and Mindfulness, March 7-10, Chicago
- The Opioid Crisis: The Clinician's Role and Treatment Practices, June 25-26, Pittsburgh
- Brain Matters: Shame, Trauma, and Process Addictions, Oct. 18-21, Atlanta
- The Opioid Crisis: Strategies for Treatment and Recovery, Nov. 8-9, New England



Operation UNITE is the Institute's main educational advisor, serving as a shining example of what can be accomplished when a community's key leadership groups join forces to solve problems. UNITE stands for Unlawful Narcotics Investigations, Treatment and Education, reflecting the teamwork among law enforcement, treatment, and prevention/ education to combat substance abuse in Kentucky communities.

EDUCATION.

Nancy Hale, Operation UNITE U.S. House testimony, Dec. 12, 2017

U.S. Rep. Harold "Hal" Rogers established Operation UNITE in 2003 after the Lexington Herald-Leader published a series, "Prescription for Pain," exposing an addiction crisis in southern and eastern Kentucky. Operation UNITE's roles include supporting the development of youth anti-drug initiatives, providing linkages to treatment services, raising community awareness of drug problems, and furthering citizen involvement in efforts to build individual and community resilience.

Nancy Hale, a community leader with 34 years of experience in public education, serves as Operation UNITE's president and CEO. She joined Operation UNITE in 2012 as co-director of the UNITE Service Corps (AmeriCorps) Program. She is the guiding presence at the annual National Rx Drug Abuse & Heroin Summit, reminding all who attend that this effort is about saving children and strengthening communities.

The Institute supported Operation UNITE, which is backed with a combination of donations and state funding, with the awarding of micro-grants in 2017. This included support for Camp UNITE, the organization's skill-building experience for at-risk youths affected by the drug epidemic.

INSTITUTE FOR THE ADVANCEMENT OF BEHAVIORAL HEALTHCARE







Operation UNITE









The provider education and outreach from the Institute would not be possible without the support of professional association partners from throughout the behavioral health community. Here are the partners who support the Institute's major events.

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Addiction	POIICV	Forum

Advocates for Opioid Recovery

Alliance for Addiction and Mental Health Services Maine

American Academy of Addiction Psychiatry (AAAP)

American Academy of Healthcare Providers in the Addictive Disorders

American Addiction Treatment Association (AATA)

American College of Emergency **Physicians**

American Medical Association (AMA)

American Society of Addiction Medicine (ASAM)

American Society of Anesthesiologists

Armstrong Indiana Clarion Drug and Alcohol Commission

Association for Ambulatory Behavioral Healthcare (AABH)

Association of State and Territorial Health Officials

Austin Association for Marriage and Family

Berkshire Opioid Abuse Prevention Collaborative

California Consortium of Addiction Programs and Professionals (CCAPP)

Capital Networking Group

Center for Alcohol & Addiction Studies

Center for Dependency, Addiction and Rehabilitation (CeDAR)

Coalition for Leadership, Education and Advocacy for Recovery

Community Anti-Drug Coalitions of America (CADCA)

Connecticut Association for Addiction Professionals

Connecticut Prevention Network

County of Delaware, Pennsylvania

Delaware County Heroin Task Force

Faces & Voices of Recovery

Federation of State Physician Health Programs, Inc.

GoodTherapy.org

Greater Pittsburgh Counseling Association

HCDrugFree

High-Intensity Drug Trafficking Areas (HIDTA) Program

Howard County Health Department

Hull Alliance for the Prevention of Substance Addiction

Illinois Group Psychotherapy Society

Institute for Research, Education & Training in Addictions (IRETA)

International Certification & Reciprocity Consortium (IC&RC)

International Health Facility Diversion Association

Learn to Cope

Let's Talk

Maine Mental Health Counselors Association

Maryland Addiction and Behavioral Health Professionals Certification Board

Maryland Counseling Association

NALGAP, The Association of Lesbian, Gay, Bisexual, Transgender Addiction Professionals and Their Allies

National Acupuncture Detoxification Association (NADA)

National Association of State Alcohol and Drug Abuse Directors (NASADAD)

National Attorneys General Training & Research Institute

National Safety Council

National Sheriffs' Association

New England Addiction Technology Transfer Center (ATTC)

New England High-Intensity Drug Trafficking Area (HIDTA)

Northern Ohio Recovery Association

Partnership for Drug-Free Kids

Pennsylvania Certification Board

Pennsylvania Department of Drug and Alcohol Programs

Recovery Campus

Rise Above Colorado

Shatterproof

Smart Approaches to Marijuana (SAM)

Sober Austin

Substance Use and Mental Health Leadership Council of Rhode Island

Texas Mental Health Counselors Association

U.S. Department of Justice/Drug **Enforcement Administration**

Vermont Addictions Professionals Association

Vermont Mental Health Counselors Association

Washington Drug & Alcohol Commission, Inc.

Westmoreland County, Pa., Coalition on Substance Abuse

Young People in Recovery (YPR)

























Chris Williams Zoeica Images

















Jane Butler Chair, Vendome Healthcare Media



Nancy Hale President/CEO, Operation UNITE



Ed Jones, PhD Senior Vice President for Strategic Planning, Institute for Health and Productivity Management



Andrew D. Kessler, JDFounder and Principal, Slingshot Solutions, LLC



Jean KrisleCEO and Founder, 10,000 Beds, Inc.



Steven Millette, LMHC, LAC Director of Recovery Ecosystem Development, Gloo, LLC



Raymond V. Tamasi President, Gosnold on Cape Cod



Mary Woods CEO, WestBridge



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